



# Arlington Human Rights Commission COMPLAINT FORM

<b>FOR AHRC USE ONLY</b>	
Date received:	_____
Submitted:	<input type="checkbox"/> Mail <input type="checkbox"/> Email
	<input type="checkbox"/> Hand delivery
Complaint #:	_____

This is the complaint form for the Arlington (Massachusetts) Human Rights Commission ONLY. An original, signed complaint form must be mailed or delivered by hand within four (4) months of the most recent discriminatory act. **Blank forms are available at 27 Maple Street** or can be mailed to you upon request via phone (781-316-3250) or email ([AHRC@town.arlington.ma.us](mailto:AHRC@town.arlington.ma.us)).

### Complainant (This is you.)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Alternate phone: \_\_\_\_\_ Email: \_\_\_\_\_

### Respondent (This is the person you think violated your rights.)

Name of Individual: \_\_\_\_\_

Name of Business (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ (Fill in as much as you know.)

### In what area do you believe your rights were violated? (Check all that apply.)

- Employment     Education     Housing     Public accommodation\*
- Services     Credit/Lending     Recreation     Public Area

Other (specify): \_\_\_\_\_

\* Public accommodations are places open to and accepting the patronage of the general public. Some examples include: hotels, restaurants, theaters, sports stadiums, houses of worship, stores, gas stations, funeral parlors, employment agencies, banks, hospitals, nursing homes, pharmacies, libraries, transportation vehicles and stations, parks, zoos, child care centers, homeless shelters, food banks, adoption agencies, gyms, beaches, and providers of professional services such as lawyers, doctors, dentists, accountants, and insurance agents. More information: [www.mass.gov/ago/consumer-resources/your-rights/civil-rights/public-accomodation.html](http://www.mass.gov/ago/consumer-resources/your-rights/civil-rights/public-accomodation.html)

### Why do you believe your rights were violated? (Check all that apply.)

- Race     Ethnicity     Color     Religious views     National origin
- Citizenship     Age     Ancestry     Family/marital status
- Disability     Military status     Source of income
- Sex     Sexual orientation     Gender identity or expression

Other (specify): \_\_\_\_\_

**Please summarize how you feel your human rights were violated.** (Add additional pages if you need more room.)

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**Date of most recent incident:** \_\_\_\_\_

**OPTIONAL: What remedy are you seeking?** (How do you want us to help?)

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**If another agency is investigating this incident, which one(s)?** (Check all that apply.)

- None
- United States Equal Employment Opportunity Commission (EEOC)
- Massachusetts Commission Against Discrimination (MCAD)
- Massachusetts Attorney General
- Massachusetts Department of Education
- Other (please specify): \_\_\_\_\_

Sign below to show that you have read and agree with the following statement:

**I declare that I have read this foregoing, and I subscribe to it, and the allegations are true to the best of my knowledge and belief.** (Arlington town bylaw requires verified complaints.)

**Signature:** \_\_\_\_\_ **Today's date:** \_\_\_\_\_  
(Complainant)

Complaints must be filed by transmitting one (1) original, completed copy of this form to AHRC by mail or hand delivery. Complaints sent electronically shall be deemed officially filed as of the date of electronic submission if an original, signed copy is received or postmarked within (2) calendar weeks of the electronic submission. AHRC may extend the deadline for accessibility reasons.

**All correspondence with the Arlington Human Rights Commission is public. You can call to speak confidentially with a commissioner about your options before filing a complaint.**

You can reach AHRC by phone at 781-316-3250 or via email at [AHRC@town.arlington.ma.us](mailto:AHRC@town.arlington.ma.us).

Mailing/hand delivery address:  
**Arlington Human Rights Commission**  
**27 Maple Street**  
**Arlington, MA 02476**

Online: [www.arlingtonhumanrights.org](http://www.arlingtonhumanrights.org)